



Lifestyles Workshops
learn grow create

Fall ~ Winter 2018

| <i>Date ~ Time</i> | <i>Topic</i> | <i>Facilitator</i> |
|--|--|---|
| October 11, 2018 6:30 - 7:30 PM | Essential Oils Series for Pregnancy & Babies | Amanda Zeitner, Certified Aromatherapist <i>fee: \$10 / person</i> |
| October 25, 2018 6:30 - 7:30 PM | Introduction to Essential Oils <i>Last Intro Class for 2018!</i> | Amanda Zeitner, Certified Aromatherapist <i>fee: \$10 / person</i> |
| December 1, 2018 11:00 AM - 1:00 PM | Essential Oils, Holiday Make & Take <i>Includes 2 Take-Home Products & Refreshments</i> | Amanda Zeitner, Certified Aromatherapist <i>fee: \$20</i> |